

## Summary Guidelines re BCFPI Results and Intake Triaging

All cases should be suitable for 1 or more of the following 'streams':

- I Referrals with Attention Management, Cooperativeness or Externalizing scores => 70, will be triaged to evidence-based large-group interventions. (e.g. COPE). (Rows 1, 2, 4 below). Such groups may be provided by a CMHC or by other community agencies.
- II. Referrals with Conduct, Separation, Anxiety, Mood, Self-harm, Internalizing, Total mental health, or Global Child functioning scores >70; or 'Other concerns' and /or narrative and /or related referral information suggesting a complex child mental health problem) will be triaged to an accredited Children's Mental Health agency, clinic or professional. (Rows 3, 5 – 12, 18- 19; **shaded below**)
- III Referrals with risk factors above the threshold (Rows 13 -17; italics below) who also meet criteria for streams I or II above, may be assisted at the stream I / II agency. Otherwise they can be triaged to community service(s) which addresses the issue(s) in rows 13 – 17. (Adult MH, FSA Child Welfare.)
- IV Referrals with normal concerns or questions, but no significant child mental health symptoms or risk factors (*below threshold, for all of rows 1 – 19, below*) will be informed re the community's full range of support services. (readings, videos, support and skill building groups).
  - About 90% of cases in streams I,II, III, above, will appreciate and benefit from concurrent assistance identifying or accessing additional readings, skill building and support groups relevant to their concerns. (i.e stream IV) (This will be reviewed with those answering 'Yes' or 'Maybe', row 20 below)

A single Access Point /Central Intake can use the table below with the **Standard Parent Report** to support and record decisions re which of the 4 'streams' described above apply to a case, and triage the case accordingly. (Teacher or Youth forms can support this process, but should not be the sole or primary source of information).

| BCFPI Symptom set /problem area /threshold  | Score | Comment |
|---|-------|---------|
| 1. Attention and Impulse Control =>70   |       |         |
| 2. Cooperativeness =>70   |       |         |
| 3. Conduct =>70   |       |         |
| 4. Externalizing => 70  |       |         |
| 5. Separation =>70  |       |         |
| 6. Anxiety =>70   |       |         |
| 7. Mood =>70  |       |         |
| 8. Talks or does self-harm ('Sometimes' or 'Often', either item)  |       |         |
| 9. Mood + Self harm =>70  |       |         |
| 10. Internalizing =>70  |       |         |
| 11. Total Mental Health =>70  |       |         |
| 12. Global Child Functioning =>70   |       |         |
| 13. <i>Global family Adjustment =&gt;70</i>   |       |         |
| 14. <i>Risk-caregiver depression =&gt;70</i>  |       |         |
| 15. <i>Risk-Family Functioning =&gt;70</i>  |       |         |
| 16. <i>Risk-Abuse ( Phys, Sex or Neg: 'yes' or 'DK')</i>  |       |         |
| 17. <i>Demographics: income=&lt;\$20K, single parent</i>  |       |         |
| 18. Other Concerns (1 or more significant)  |       |         |
| 19. Narrative or other information indicative of significant risk, child or family malfunction or distress involving a child mental health problem. |       |         |
| 20. Readiness; Readings, videos, groups   |       |         |